



# - - - - Journey of Self-Realization - - - -

Cycle Expedition by NCC Cadets: Ahmednagar to Petrapole, Indo-Bangla Border (3000 kms in 45 Days)

**CAPT ANKUSH PARAJI AWARE**





Pemraj Sarda College  
Ahmednagar



**Ahmednagar to Petrapole, Indo-Bangla Border, Cycle Expedition 2021**

**3000 kms in 45 days**  
2 October 2021 to 15 November 2021

*Journey of*  
**Self Realization**

Cycle Expedition by NCC Cadets: Ahmednagar to Petrapole, Indo-Bangla Border

**CAPT DR ANKUSH PARAJI AWARE**





Pemraj Sardar College  
Ahmednagar

Copyright @2022 Ankush Paraji Aware

ISBN No. : 978-81-951225-1-6

Author: Capt. Dr. Ankush Paraji Aware

Photographs: By NCC cadets of Pemraj of Pemraj Sardar College.

Captions: Komal Rokade, Samruddhi Gagare, Vaibhav Kadus

Design & Printed at : Print Point, Rangar Galli, Mob. : 9270405055

Publishing facilitation: 57 Maharashtra BN NCC, Ahmednagar and  
Pemraj Sardar College, Ahmednagar.

Year of Publication: 2022

#### Note:

It is necessary to state that during the expedition we had no professional photographer and camera with us which impacted the quality of photographs. The photos are the random clicks by our cadets during the journey.

We specially thank Principal Dr. R.Y. Shinde, Adv. Anant Fadnis, Brijlal Sardar, Sanjay Joshi, Shirish Modak and Ajit Bora for their moral support throughout rally. We are grateful to Brigadier M.M. Vittekar for granting special permission to participate in the rally.

This memory book is an outcome of joint efforts by all our cadets. We specially thank Col Pankaj Sawhney, Lt. Col Naresh Wable and Prof. Mangesh Kulkarni for their vital inputs which has helped us improve the content of the book. A special thanks to Cadet Komal Rokade, JUO Samruddhi Gagare and JUO Vaibhav Kadus for burning midnight oil to gather everything which was needed for the book. We are grateful to Madhuri Dixit, Satyajeet Patil and Priya Sardar for skilfully proof checking the same. We thank Nitin Bhosale for graphics design of the book. The journey was an outcome of efforts and help of many known and unknown people; we thank all of them. We are indebted to our teachers Surekha Gangurade, Krishna Patil, Sunita Ambhore, Suprabha Kulkarni, Madhuri Dixit, Maheshwari Gavitt, Jyoti Bidlan, Daya Bhor, Satyajit Patil and Swati Pawar for extending financial support to our cadets. Special thanks to Yogesh Ghokhale, Nivrutti Jare and Manoj Maher for sponsoring cycling shorts for cadets.

# Journey of Self Realization



## Contents

1 Journey of Self Realization	01
2 Proud to be Member of NCC Family	02
3 National Integration : A Key Stone	03
4 Glimpses of Journey	11
5 Unfolding of the Stories within the Story	32
6 Kaleidoscopic Journey	35
7 Routine: A Lesson on Time Management	52
Appendix : Route of the Expedition	53
Names of Participants	53



## **Journey of Self Realization : An Exciting Story of NCC Cadets' Sadbhavana Cycle Expedition from Ahmednagar to Petrapol (Indo-Bangla Border) covering distance of 3000 KM in 45 Days**

Ahmednagar to Petrapol (Indo-Bangla Border) Sadbhavana Cycle Expedition was jointly executed w.e.f. 02<sup>nd</sup> Oct to 30<sup>th</sup> Nov 21, by National Cadet Corps (NCC) cadets of Pemraj Sarda College, 57 Maharashtra Battalion NCC Ahmednagar, with logistics support from Snehalaya. Forty NCC cadets accompanied by ANO, Pemraj Sarda College participated in the Rally. The Expedition started from Ahmednagar on 2<sup>nd</sup> October 2021 and crossed different states like Maharashtra, Chhattisgarh, Orissa, Jharkhand and culminated at Petrapole on Indo- Bangla border in West Bengal (WB), covering a distance of 3000 kilometer in 45 days.

The NCC strives for developing character, comradeship, discipline, a secular outlook, the spirit of adventure and ideals of selfless service amongst young citizens, thereby transforming youths into leaders. Sustained Efforts are taken through institutional training, Camp training and adventures activities to instill the same among the young NCC Cadets. Along with these organized efforts, initiatives like this plays vital role in ensuring the same. This expedition is one of such extra ordinary initiatives which got us closer to the AIMS set by NCC as an organization.

The Sadbhavana Cycle Rally was organized by Snehalaya, an NGO in Ahmednagar. Sensing an opportunity for participation in an adventure activity, Colonel Pankaj Sawhney, Sena Medal, Commanding Officer 57 Maharashtra BN NCC Ahmednagar, encouraged cadets to participate in the Cycle Rally. He was of the view that the rally would help cadets grow and hence, opportunity like this should not be missed. Proving him right, the Cycle Expedition turned out to be practical training for cadets to achieve much more than envisaged.

The long voyage on the cycle wheels helped to boost spirit of adventure among the cadets. Community living during the journey enhanced comradeship among them. Without discipline, cycling on highways would have been fatal, so sense of discipline was inculcated into cadets. During the long journey of 45 days cadets visited many places in the five states and interacted with several people belonging to variety of languages, food, culture, costume etc. This exposure to diversity of India not only helped to boost secular outlook in them but also made cadets familiar with rich heritage of the nation.

It is said that, when a person steps out of the house his struggle begins. However, that struggle enriches the person with varied experiences too. So the journey from India's West to East was not at all a cake walk. It was full of challenges, barriers and problems; however motivated cadets did not give up. Their positivity did not allow them to get bogged down by the unknown and uncertain challenges. Let it be the terrain, temperature, rain, food or shelter, nothing could hold them back from their goal. The Expedition metamorphosed cadets by making them realize their untapped and hidden potential. Attitudinal change was reflected through their solution oriented thinking. In a sense, the Expedition not only turned out to be an adventurous activity but also became a spiritual experience for the cadets. Cycling taught them to live with the minimum. They easily adopted frugal lifestyle without any fuss. In a lighter note, the long day journey and tiredness kept them away from mobiles. Without mobile phones they started thinking, observing, and self-introspecting which gave them new ideas and changed perspective towards life.

In the Expedition cadets were not just covering distance but overcoming their invisible phobias. We

certainly can claim that the Cycle Expedition taught them to aim higher. They learned through the experience to overcome hurdles and remain undeterred in any challenging situation. Every day and every moment's pedaling made them realize that continuity and consistency take person wherever one wishes. The cadets empowered themselves to be comfortable with adverse conditions. All participants learned and accepted that, consistency and discipline shapes the life for better, while Cleanliness and fitness are essential for healthy life. Laziness and procrastination ruins the plans and dreams set for life. Each day is unique; so they learned to live in the present. They realized the supremacy of time. Cadets lost nothing but gained a lifelong experience to make imperfect lives a way more efficient and meaningful. Though the suffering of the सफर ( journey ) was bodily painful, it recharged mind with a new outlook towards life.

We all are very thankful to Commanding Officer 57 Maharashtra Battalion NCC, Ahmednagar for encouraging and supporting us throughout the journey. We also thank Principal Dr. R. Y. Shinde for his moral support. We are very thankful to Dr. Girish Kulkarni and Team of Snehalaya for their logistics support during the Rally. For a cyclist it may be a dream to ride from West to East point of India but many of the cadets may not have even dreamed of it earlier. However, because of Dr. Girish Kulkarni and his team the unimaginable become conceivable for our cadets.

**Capt Dr. Ankush Paraji Aware**  
Associate NCC Officer  
Pemraj Sarda College  
Ahmednagar



## Proud to be a Member of NCC Family

NCC as an organization has helped us in many ways during the cycle expedition. The Commanding Officer (CO) of 57 Maharashtra Battalion (BN) NCC provided us Tents, Mosquito Nets, Kit Bags and other necessary material available with the battalion. Due to his efforts, the NCC Group Headquarter allowed the NCC cadets to take part in the rally. The CO arranged a visit of Colonel Ravindra Chaswal, Commanding Officer 51 Maharashtra Battalion Aurangabad, to flag off the rally on 4<sup>th</sup> October, 2021. Col. Chaswal underscored the importance of the endeavor.

On the way to Indo-Bangla Border, at various places, NCC cadets and Associate NCC Officers joined us in the rally. NCC cadets of 21 Maharashtra NCC BN Wardha welcomed us. In Nagpur Lt. Somnath Barure and his cadets participated in the cycle rally. In Orissa, the NCC cadets from Bargarh and Keonjhal rode with us for a day. It was joyous to ride with our brethren from Orissa state. Usually NCC cadets get opportunities to interact with cadets from other states in Ek Bharat Sresht Bharat (EBSB) Camps. However, due to the rally we got opportunity to mingle with cadets from other states. The feeling was like an EBSB camp.

Our last stay was planned in the Bangoan, a small town at Indo-Bangla Border. We were finding it difficult to find a place for halt. Here again, NCC came up as trouble shooter for us. 6 Bengal NCC battalion's CO assisted us in our last sojourn. He deputed his staff for our assistance. NCC cadets and PI Staff of the battalion not only helped us to find a place for stopover but they also joined in the rally till the Indo-India border. Few hours spent with these cadets became a lifelong memory for us. We felt a common thread of NCC has knitted us permanently. Again we realized aptness of the Song... *Hum Sab Bhartiya Hai...*

Throughout the journey, we experienced that the NCC has developed a kind of bonding amongst the cadets, across India. That bonding has overridden linguistic, religious, regional and many other such kinds of difference. The journey made us realize that the NCC was one of the important organizations which have unified a diverse country like India. The invisible cementing force of NCC has its own impact on the cadets.

Sometimes someone is part of something but s/he does not realize the value or significance of it, till the time comes. The rally not only helped us explore the country but it also made us realize influence and pan India presence of the NCC. Throughout the journey we realized a cadet anywhere in India was not alone. NCC has generated a feeling of brotherhood among the cadets all over India. We felt NCC *Ka nam hi kafi hai!* We could rely on any cadet anywhere. We were blessed for being part of an organization which has countrywide presence. We felt gratified for being part of the NCC.



## National Integration : A Key Stone

Opportunities come in disguised form. One has to develop a sense to realize or to grab them. Taking part in a 3000 kms Cycle Expedition was such a veiled opportunity. We cadets could not see the opportunity in it but our able and experienced battle hardened Officer sensed an ocean of prospects in it. He not only asked us to grab it but also supported, motivated and encouraged us to participate and he made it possible for us. We feel fortunate to have such an able leader as our Commanding Officer. We all NCC cadets are thankful to **Colonel Pankaj Sawhney**, Sena Medal, Commanding Officer 57 Maharashtra NCC Battalion, Ahmednagar for making our participation in the rally a reality. Tons of thanks for the courageous decision he took. His words still echo in our ears 'Great things never came from comfort zones'. The expedition got us out of our comfort zone and we were hopeful of doing something meaningful in the life. We salute and pay gratitude to our leader for initiating a process of self realization within us.



Aurangabad 4<sup>th</sup> Oct 2021

Colonel Ravindra Chaswal, Commanding Officer 51 Maharashtra Battalion NCC Aurangabad wished us for our journey. He told us some interesting facts about India and congratulated us for being part of such an adventure. He made us confident by encouraging us to participate in the rally. His words instilled lot of hope in us to ride ahead.







### PULGAON, 12<sup>th</sup> Oct 2021

Early morning while we were passing through Wardha, NCC logo on our T-Shirts caught an eye of an ANO of Dynabharati High School. He immediately invited us for breakfast and interaction with his cadets. That time we realized we cadets are part of a large family called NCC where we have same ethos, culture and energy.

### NAGPUR, 12<sup>th</sup> OCT 2021)

The Nagpur Group NCC cadets welcomed us and congratulated us for our journey. The feeling was like meeting some relatives. They joined us on their cycles while we moved around city. They came with a message *"Ped podhe mat karo nasht saans lena ho jayega kasht"*.





भारत-बांग्लादेश या दोन देशांना स्नेहबंधात जोडणाऱ्या सायकल यात्रेत सहभाग घेणे आम्हा मुला-मुलींना आवडणारे; परंतु कुटुंबियांच्या विरोधामुळे अशक्य होते. पालक आणि नातेवाईक यांच्या विरोधात जाऊन सायकल यात्रेत सहभागी होण्याचा निर्णय घेणे हे माझ्यासह इतर अनेक मुलींसाठी खूपच अडथडाच होत होते; परंतु 'इर' के आगे जीत है' याप्रमाणे आम्ही सर्वजणींनी या सायकल यात्रेत सहभागी होण्याचा निर्णय घेतला आणि ही यात्रा यशस्वीही केली.

समृद्धी गांगरे,  
एम्पाईसी विद्यापीठ



**मा** ही शिक्षक नेटवर्क मराठामध्ये  
चित्रिताने सहभागाने देते;  
परंतु या सातत्यावर खर असे या  
समयपर्यंत यांचे शिक्षकांना ५५ महाराष्ट्र  
बटाशिया एमबीसी असेमि ब्लॉकमध्ये संस्था  
असेमिजिभ भारत-नेटवर्कमध्ये सातत्यावर  
यांचे असेमिजिभमध्ये नेटवर्क सातत्या  
महाराष्ट्रमध्ये नेटवर्क सातत्या  
संस्थांनी झाले होते. ही संस्था असेमिजिभ  
होते यंत्रित्यांनी असेमिजिभ असेमि  
संस्थांनी यातल्या यातल्या नेटवर्क होत;  
संस्थांनी नेटवर्क असेमिजिभ नेटवर्क  
करण्यासाठी सात आणि यंत्रित्यांनी  
बुद्ध येताना यासाठी यासाठी. यंत्रित्या  
सातत्या एकेक मुलां आणि यात मुलां  
नेटवर्क यातल्या नेटवर्क या नेटवर्क  
यातल्या नेटवर्क यातल्या नेटवर्क  
असेमिजिभ नेटवर्क नेटवर्क नेटवर्क  
यातल्या नेटवर्क नेटवर्क नेटवर्क  
नेटवर्क नेटवर्क नेटवर्क नेटवर्क  
नेटवर्क नेटवर्क नेटवर्क नेटवर्क



ता घडेल दहा वर्षांचे शिक्षण नातवा  
असू शकते मुलांनी सहभागी झाले होते.  
पहिल्या टप्प्यात तो दोनच दिवस सहभागी  
होऊन होता; पण, त्याची आवक  
सहकारिकांनी प्रसन्नतांनी आणि मित्र  
बनून पुढील कायकां मागेत सहभागी  
करून घेतले गेले. त्यानेही कुटुंबीय मातांला  
याबद्दल अगम्यता अन्तर्दृष्टीला कळत  
टाकले. आम्ही सध्या त्याला 'गणत'.

डिजिटल मूल्य आगू हो खरौकसय उपयुजी होमकाव्यो सयसकल बाजलासयव.  
असोयी जी लायकर याक २ जीकडेर  
२०२५ मेकी मूल्यमे महाका गोती  
जुडोयीया दिगोती अहमदामय मेसिल  
ऐडिडिमिक भुडोकेर विद्यालयमन मुकु  
झाव, बुडीरा ४५ दिवस हो प्रबस निवहा  
याक होला, अममममयी कडल घडनु  
आममममममम, मशीनोया विचारोवा वम

पूना) आपसु करणवासी जीव अपन या नाह देत ही सावरकल वाजा घुड-घुडि जल हाती, या दृष्यन आमी अनेक सामाजिक संस्कृती भेदी दिहता. त्याचोच एक म्हाली पातळीत घेवील सेवा संकल्प प्रशिक्षण समाजजीवन दिवता. राजकोषाची सेवा कायदे होवत द्रव्यन जमनाला पाठिमागी भेटता. हे सेवा संकल्प प्रशिक्षण म्हाली ही, सैव पातळेत जी आमी पातळी या सामाज्याच्या विविधा ज्ञानत होय. सैव मनेदरवणार उपाय केले जातार, जेवना कोवरीही नाही त्याची हलकाय घर म्हाजिनी सैव प्रसन्न प्रशिक्षण त्यानेर आमी म्हाजु करुन्या या मागतीत प्रशिक्षण या संकल्पा भेट दिती. पध्दतिच ही म्हाला कावेलवणी समाजजीवन म्हाजिनी करव हाते. मलीन भीमसे पाणी ही बळक स्फुटी म्हाजमयुगी पावयवण आमी होली. हाची जुना एकदा दृष्यनल म्हाजत कोन पयली दुसरी हातल उपाती, या समाजजीवन म्हाजनी

जुद्धेन ही चौकटीतून बाहेर काढण्यासाठी ही संस्था कार्य करते. याच संघटनेतील एक मुलाने मुंबईच्या बस काटने मध्ये मुंबईचे तोंड काटा उघडला ही ही कथित आत्मघातस्मरित स्मरण केली. ते व्हिडन अंतरवर दिसते असले. ही बाबा अश्वेत गोव्हा 'आदिवासी बाही कुण्टली'जीचे जन्मने स्थानून घेतले. पदें आम्ही एक प्रार्थना लिहिली ती म्हणजे 'जहू का रेग एक है, अमेर का गरीब बच्चा, को है एक आश्रम में, तुम तुम सब कहीं बच्चा, जहू का रेग एक है'. यला सलूई म्हापात्र साधकचरण विनायक हीच आणि पावन पावन अस्मान सायकलिंग करणारे होते. ही दोन्ही सनन या बखकल घरेना साधकमधून पुर्ण झाले. अचखी ही सयकलन यांचा पाव गुळ्यातून प्रवाक करत पेटोपीला चौकीर खुल्लेस भगत-वैरागदेव चौकीरवरी पेटोपीला. या दारमनन अचखी सयकलन, अडिस, बंधुना, सननवोवा अडेस देव जहू आम्ही मीर, मजिद जहूना आणि चर्च घेना बंदी दिल्या.

● संपादन - उद्धव धुमाळे ● माहिती व सल्लागार : संदीप लक्ष्मणारे ● वसुधायी काँजिरसोईच्या आचल्या टिपक आणि अनुषंग पत्रक :- jmedit@gmail.com (9752417384)





### Bargarh on 26<sup>th</sup> Oct 2021

The reception, celebration and hospitality offered by NCC family in Bargarh filled our hearts with gratitude. All cadets were fascinated by our journey and made us feel lucky to have such a life time opportunity which indeed encouraged us to take up upcoming challenges in days to come.

### Keonjhal, 29<sup>th</sup> Oct 2021

It was a day for break and time to explore the town. Surprisingly we met our fellow cadets. We connected instantly, laughter, gossips and exchanged smiles made us feel homely and recharged us for moving further.







**Howrah 8<sup>th</sup> Nov 2021**

Nothing less nothing more. The cadets of SD and SW or JD and JW served us with hospitality way more than we actually thought. The cadets sang and danced, while we kept our eyes wide open. It was indeed a memorable day at Samratan Help Mission.

**Bongoan - Indo-Border on 13<sup>th</sup> Nov 2021**

Blood recognizes the blood! The cadets of 6 Bengal BN had traveled with us till the border, Bongoan, last village in India on Indo-Bangla Border. The Subedar Major of the BN was great help in organising our stay. Without his support our last day would have been a nightmare.







### Petrapole, Indo-Bangla Border on 13<sup>th</sup> Nov 2021

Finally, the day arrived, on 13<sup>th</sup> November 2021, we were at Petrapole, Indo-Bangla Border. The journey started with “*kar har maidan fateh*” to “*hum ne kar dikhaya*”. Nobody displayed it however everybody was sad, yet happy for the moment. The adventure has done. Discipline, consistency and hard work took us here. Spirits, cheering, comradeship was outpouring. We did not know whether we were at border or in Bangladesh, but we knew we did something memorable in our life. “Welcome to Bangladesh” was message on our cell made our day. Thank you NCC.

### Ahmednagar on 15<sup>th</sup> Nov 2021

Back to pavilion, here we come back with the baggage of super-duper experiences. The journey changed us; we were not the same person who had left Ahmednagar on 2<sup>nd</sup> October. Our thoughts, outlook, physis, personality, mental strength and much more changed in a positive way. The journey has really given us the swag and meaning to the life. Gratitude!







## शोध स्वतःचा

**भा** का हा विधिवानुसार नदरेल दे आह, असे ही वाकवर ऐकते. वाकते, काय काहा काही नदरेल आहे. हे मला सावधान काढून आणुयावा आहे. सौम्यपणे आणि एक महाराष्ट्र नदरेलचे वाणी आयोजित केलिण्या का सदरकाळा सावधान कावरी मुलांक आणतानाच येवेल. पुढीलदर किल्ल्यावाकून झाली. का पावतून आणतानाच २०००० किल्ल्यादरवी अंतर काय कावतानाच आले. यात आणुवने महाराष्ट्र, छत्तीसगड, ओडिशा, झारखंड आणि नदरेल केवळ ही पाच राज्ये काय कावत आली. कावतानाच नदरेल दे ऐकते. आणुवने येवेल.

[illegible]

आवृत्ताने टोला, कालीबेली स्वयंसेवक संघात कारभार मी मिळाले. यात संपादकात मोठे काम होते ते साकार करून घ्यावेचं, पण सध्याच्या मध्यांतीने आणि सुरुवातीला वाढत्या मी पडिल्या दिवस पाहून वैसा. त्यामुळे मिळालेल्या कडक शेरून मी हा प्रवास पुढे वाढवण्याचा निर्णय



राजेश्वर  
सोपान  
१८८८  
विद्यार्थी

सहप्रधानमंत्री, लोकसभा आणि  
राज्यसभा विधायक सदेव मोहन  
जाधव हे राज्याच्या गावा, गावी सावर  
आणि कठीन लोकांशी घेतले होती.  
गावांसाठी आर्थीक सहाय्यसाठी  
सावर सहाय्यी, जगावली सावरी  
लोकांना हक्कापासून  
राज्यसभा विधायक सदेव मोहन,  
"आज  
हेच गावसावर होती गावसावर, गावांशी  
खरी पायबळ सावरले होती आणि  
गावा सावरी कधीच गावसावर आली  
लोकांशी गावी आली.

जिने दहा किलोमीटर दालकाय  
भाजतून दम लावण्याचा, अशा या  
दिवसात नगर किलोमीटर  
दालकाय दालाचेन असे कधीच  
काढले नाही. म्हालाकरी दाल

स्वरा आनंद फिरण्यात

भाभी नुसो लयकलयमने अंतर  
यार लयार लयली, लय  
पेयिहलिकलिनल लयलललल  
सललललललल लयली लयली  
लयललललल लयलललल लयल  
लयलललल लयलललल लयली  
लयलललल लयलललल लयली  
लयलललल लयलललल लयली  
लयलललल लयलललल लयली

[illegible]

## ‘एनसीसी’त प्रशिक्षण घ्या अन् खुला करा रोजगाराचा राजमार्ग

**रा**ष्ट्रीय चरान सेना (National Cheetah Corps) ही जंगलीय चरानों को जीवित संरक्षण देती है, भारतीय वन्यजीव विभाग के अंतर्गत राष्ट्रीय चरान सेना का प्रारंभ १९८३ में हुआ था। राष्ट्रीय चरान सेना के अंतर्गत चरानों को जीवित संरक्षण देना है। राष्ट्रीय चरान सेना के अंतर्गत चरानों को जीवित संरक्षण देना है। राष्ट्रीय चरान सेना के अंतर्गत चरानों को जीवित संरक्षण देना है।



**सर्वोच्च सम्मानाधी गंधी**

● **पञ्जाबी की भाषा** में पञ्जाबी भाषा में लिखित अक्षरों में 'अ' और 'इ' के स्थान पर 'आ' और 'इ' का प्रयोग होता है।

अस्माकम्, ज्ञानात्मे जातम्, वैराग्यात्  
विधिद्वारेणैव प्रत्यक्षम् अनुभूतमाप्नुयात् धीरा,  
सदासाक्षात्कीं शुद्धचित्तमात्रं निमग्नम्  
अप्यसौ भगवन्तौ वादव्याप्यौ च निमग्नौ-  
नीतिरिव स्वप्नसंसारं शनैर्शरीरसुखेन गच्छेत्  
सिद्धिमाप्नोति शरीरं

[illegible]

■ **आरोग्यीकरण** प्रकल्पामध्ये आरोग्यीकरण  
केंद्रांनी नव्यानेच सुरुवात केली. या  
निमित्तानेही सर्वोत्तम असेच प्रकल्प  
निघडू लागे. सुक्यासमयी राहणे  
ज्यासही येईल तेवढेच शक्यतेतून  
राहणेच सुरुवात. निमित्त आरोग्यीकरण  
केले जाते. या निमित्तानेही त्याच  
प्रकारचे आरोग्य केंद्रांनी सुरुवात

● રાજકોટી પ્રેક્ષક મિલનગૃહની સંખ્યા માટી, તાલપા, પીચરટ્ટા અગાધાવાલા કેંગોને ઉપયોગિત કરવાને બદલે વધુને વધુ રાજકોટીની માટી પ્રોડેસ વેળાએથી કાઢા અટકાવ, નેપાળીઓના સહિયારીપદના વેળાની વાત આમને અનુકૂળ વેળાએ



संजय भट्ट  
भारत

જિલ્લાનાં બહુમતી વહાલો  
જામશે. આ એપ્રિલે જિલ્લાનાં બહુ  
જવાબદાર સેનિટરી સંસ્થાપકોએ  
અગ્રણ્ય, આ જિલ્લાનાં જાણીતા  
જામણી ૬ વાલેજાનું કાર્યવાર  
જામણે જામણે. સ્થાપકો જિલ્લામાં  
અગ્રણ્યમાં અગ્રણ્યે આગે જિલ્લા  
જામણીની જામણે અગ્રણ્યે

www.elsevier.com/locate/jmb

“अमरीठी” वसिष्ठनाथद्वारा ज्ञान विद्यापूरुषः  
विद्वत् ज्ञानी, यहाँ आत्मभाव्या राजनीमुळे  
महनीयाना ज्ञानादे अमरीठीकायः अर्थात्

सजि-सामबाहुन मिलकते

- भारतका संसदा प्रणालीभाषाएँ संसदको दुई भाग, कसको भाषा सिक्कीली भाषा
- भारतका संसदको दुई भाग, कसको भाषा सिक्कीली भाषा
- भारतको संसदको दुई भाग, कसको भाषा सिक्कीली भाषा
- भारतको संसदको दुई भाग, कसको भाषा सिक्कीली भाषा

[illegible]





*Mandir Gurudwara  
 Bhi Hain Yahan  
 Aur Masjid Bhi Hai Yahan  
 Girdja Ka Hai Ghariyaal Kahin  
 Mullah ki Kahin Hai Ajaan  
 Ek Hee Apna Ram Hain,  
 Ek hi Allah Taala Hai,  
 Ek Hee Allah Taala Hain,  
 Raang Birange Deepak Hain Hum,  
 lekin Jagmag Ek Hai,  
 Ha Ha Ha Ek Hai, Ho Ho Ho Ek Hai.  
 Hum Sab Bharatiya Hain,  
 Hum Sab Bharatiya Hain.*





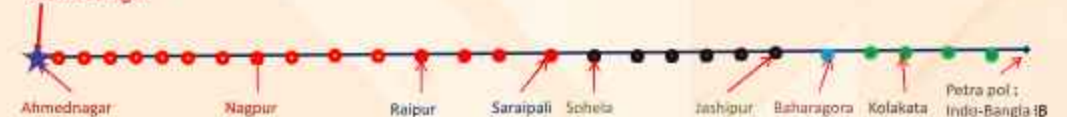
## Glimpses of Journey



**A journey of thousand miles began  
with a step  
from Pemraj Sarda College, A.Nagar  
on 2<sup>nd</sup> Oct 2021**



2<sup>nd</sup> Oct 2021: 1<sup>st</sup> day  
Ahmednagar



**Total Distance : 3000 KM**





"We travel not to escape life but for life not to escape us".

Second day after a record breaking cycling we reached Devgad. On that day we thought we would never be able to ride again but few hours rest rejuvenated us and on a sunny morning we were ready for our next sojourn.







The wettest day of the journey was on the way to Jalna. Sudden rains messed our routine. Unwillingly, we took shelter at a petrol pump. But the clock was ticking and our target was far, so we decided to padal in rain.

### Jalna, 4<sup>th</sup> Oct 2021

The hosts were amazed, saluted our courage and greeted us with garlands. The desire to ride in the rain was never part of our plan, yet our fantasy came true.





Divya Marathi : 4/10/2021

**धर्म . समाज . संस्था**

Lokmat : 22 /11/2021

**एकमहत्**

**सद्भावना यात्रेत सहभागी विद्यार्थ्यांचा गौरव**  
उदय सामंत यांची उपस्थिती : विद्यार्थ्यांनी केली होती भारत-बांगलादेश सायकल यात्रा

[illegible][illegible][illegible]

Page No. 7 Date 20.02.2021  
Reviewed by: [arun@arun.in](mailto:arun@arun.in)

[illegible]

\_\_\_\_\_

**सावकल यात्रा •** शिजलाल सारडा यांचे प्रतिपादन, सावकल यात्रेत सहभागी पंमराज सारडा महविद्यालयारचा विद्यार्थ्यांना शुभेच्छा

अभिनिधि । ३३३

[illegible][illegible][illegible][illegible]

भारत-पाकिस्तान  
अनवरुद्ध विज्ञापन



एक ग्राहक को जलपान के लिए पानी देते हैं, एक ग्राहक को पानी देते हैं।

सिखाज साठशु मल्लिक  
सिंह टोपलदे भवते



छात्रावली ३६



ਸਿਲਾਈਆਂ ਨਾਲ ਸਾਥੀ ਹੋ



संशोधन

॥ श्रीगणेशाय नमः ॥

Lokmat : 14/10/2021

**epidemiology**


**दैनिक**  
**भास्कर**

घाटशिला 03-11-2021

**महाराष्ट्र से निकली साइकिल रैली में शामिल लोग  
झारखंड की सभ्यता और संस्कृति से हुए परिचित**

[illegible][illegible]

**अहमदनगर ते बांगलादेश सद्भावना  
यात्रेचे दे राजा येथे स्वागत**

Page 10 of 10

[illegible][illegible]

## भारत-बांग्लादेश सद्भावना यात्रेचे सेवाग्रामातून प्रस्थान

आश्रमांत स्वागत : भारताचा अमृत तर बांगलादेशचा सुवर्णमहोत्सव

[illegible][illegible][illegible][illegible]



## Media Coverage

नगर, दि. ३ (प्रतिनिधी) - भारताच्या स्वातंत्र्याचे अमृत महोत्सवी वर्ष आणि बांगलादेश मुक्ती संग्रामाच्या सुवर्ण महोत्सवाचे औचित्य साधून स्नेहालय संस्थेच्या वतीने आयोजित केलेल्या भारत-बांगलादेश सद्भावना सायकल यात्रेत पेमराज सारडा महाविद्यालयाचे ३८ विद्यार्थी सहभागी झाली आहेत. यात्रा सुरू होण्याआधी सकाळी पेमराज सारडा महाविद्यालयात सर्व यात्रेकरू विद्यार्थ्यांना शुभेच्छा देण्यात आल्या. हिंदू सेवा मंडळाचे ज्येष्ठ मार्गदर्शक ब्रिजलाल सारडा यांनी झेंडा दाखवून व चौकलेट देवून विद्यार्थ्यांना शुभेच्छा दिल्या. यावेळी प्राचार्य डॉ. राजेंद्र शिंदे, उपप्राचार्य मिलिंद देशपांडे, डॉ. गिरीश कुलकर्णी आदींसह विद्यार्थी व प्राध्यापक उपस्थित होते. महात्मा गांधी व लालबहादूर शास्त्री यांच्या प्रतिमेचे पूजन यावेळी करण्यात आले. सारडा महालाले, महात्मा गांधींच्या विचारावर आज हिंदू सेवा मंडळ काम करत आहे. या सद्भावना सायकल यात्रेचे आयोजन करून स्नेहालय संस्थेने देश जोडण्याचा उपक्रम राबवला आहे. या यात्रेमुळे भारत व बांगलादेशाचा इतिहास विद्यार्थ्यांना समजणार आहे. हिंदू सेवा मंडळाच्या प्रगतीतही स्नेहालयचा मोठा सहभाग आहे.





**Bhandara, 17<sup>th</sup> Oct 2021**

The slogan “*Jodo Bharat Jai Jagat*” connected hearts and city flatters us with kind words. On the streets, people flocked around us, made us feel like celebrity. The output of selflessness is really bizarre.

**Bhilai, 20<sup>th</sup> Oct 2021**

The new state Chhattisgarh and new slot to cross. Friends are blessing and sudden friendship is always marvelous. We created solutions together for some unsorted issues. How precious friendship can be! Love, happiness, joke, laughter, tears and anything that defines friendship is us. The whole heart was for them, on that day today and forever.







### Raipur on 21<sup>st</sup> Oct 2021

The city welcomed us in a unique way. The reminiscences are for entire life. RAIPUR, the capital, has its own marine drive. The city around lakes had all we want.

### Kondas Band, 23<sup>rd</sup> Oct 2021

Throughout the journey we had special bond with Dams and water bodies. The vast water body and black rocks made the view picturesque. And here is the picture of all cyclist. Touch the water and feel the coldness and utter more fluent words for Mother Nature.





## Cadets' Experiences



### **Yadav Ruchi :**

The journey gave me a lifetime satisfaction to believe in myself. One day I covered journey of 70 kms, I not only danced with joy but also realised limitless energy within me. It was great experience to travel across vast and diverse country like India and that too on cycle. I could see and sense diversity of my motherland with open eyes. I could see India is beautiful and we can visit many more tourist destinations in the country. The cycling fulfilled my hitherto unrealistic and unachievable dream to view pan India on bicycle.

### **Kadam Akash :**

One of my most memorable day's was a visit to Prashnachinh Institute (Question Mark). The place was having residential education facility for untouchable children. The unsung hero of society, Matin Bhosale, was managing that school. He opened up educational opportunities for marginalised, neglected and socially out caste children. I learned from him that to win you must first try and never stop trying. After the visit I realised where there is will there is defiantly a way.







### Torla on 23<sup>rd</sup> Oct 2021

Pictures speak million words. And the picture of tired yet jovial faces was terrible and crazy. Rode cycles, trekked on hill, saw the snakes, watched the highway and mountainous green glory and what else you want to make your heart jump with joy. The soothing breeze that relaxed the soul was real heaven on the earth. The sky touching trees and the high elevated stairs called us close. It was again one of the best days.

### Pithora, 24<sup>th</sup> Oct 2021

As a token of remembrance candles were lightened up for those who lost their lives while protecting us.







**Saraipalli, 25<sup>th</sup> Oct 2021**

Till this day we saw only on maps that black lines divide the states. But actually on the ground it was a river which divided states. Boundaries are helpful for progress only land and language changes but the humanity and feeling of being Indian was same everywhere. Happily entered into third phase of our Safar on cycle.

**Sohela, 25<sup>th</sup> Oct 2021**

The statue of Gandhiji and his disciples. In front we stood to spread his message through our act. Loads of appreciation after hard work delighted us. These little incidences created the journey's memories for lifelong.





## हरिभूमि

रायपुर - संस्कारधानी भूमि  
21 Oct 2021

नांदगांव का प्यार कभी नहीं भूल सकेंगे : कुलकर्णी

## सद्भावना साइकिल यात्रा का स्वागत

विश्वीय नदर ३५, रायपुर

रायपुर (संस्कारधानी भूमि) 21 अक्टूबर : सद्भावना साइकिल यात्रा का स्वागत नांदगांव के प्यार कभी नहीं भूल सकेंगे : कुलकर्णी



मेयर ने किया स्वागत

रायपुर (संस्कारधानी भूमि) 21 अक्टूबर : सद्भावना साइकिल यात्रा का स्वागत नांदगांव के प्यार कभी नहीं भूल सकेंगे : कुलकर्णी

रायपुर (संस्कारधानी भूमि) 21 अक्टूबर : सद्भावना साइकिल यात्रा का स्वागत नांदगांव के प्यार कभी नहीं भूल सकेंगे : कुलकर्णी

विश्वीय नदर ३५

रायपुर (संस्कारधानी भूमि) 21 अक्टूबर : सद्भावना साइकिल यात्रा का स्वागत नांदगांव के प्यार कभी नहीं भूल सकेंगे : कुलकर्णी

रायपुर (संस्कारधानी भूमि) 21 अक्टूबर : सद्भावना साइकिल यात्रा का स्वागत नांदगांव के प्यार कभी नहीं भूल सकेंगे : कुलकर्णी

## 3000 किलोमीटर की भारत-बंगलादेश सद्भावना साइकिल यात्रा पिथौरा में शानदार स्वागत



पिथौरा, टूंक मीरबी। भारत-बंगलादेश की बीच सद्भावना साइकिल यात्रा के उद्देश्य में आनंदनगर माराट्टा से करीब 100 साइकिल यात्री 23 अक्टूबर रातिका की रात पिथौरा पहुंचे। इनमें शामिल हैं भारत के 100 साइकिल यात्री और बांग्लादेश के 100 साइकिल यात्री।

23 अक्टूबर की रात रात के सात बजे 100 साइकिल यात्री पिथौरा में शानदार स्वागत किया।

इस यात्री समूह के प्रमुख निरीक्षक कुलकर्णी ने बताया कि वे इस वर्ष भारत की आजादी का अमृत महोत्सव उत्सव मनाते हैं।

## सद्भावना साइकिल रैली का बरगढ़ में हुआ भव्य स्वागत



सद्भावना साइकिल रैली का बरगढ़ में हुआ भव्य स्वागत

सद्भावना साइकिल रैली का बरगढ़ में हुआ भव्य स्वागत

सद्भावना साइकिल रैली का बरगढ़ में हुआ भव्य स्वागत

सद्भावना साइकिल रैली का बरगढ़ में हुआ भव्य स्वागत



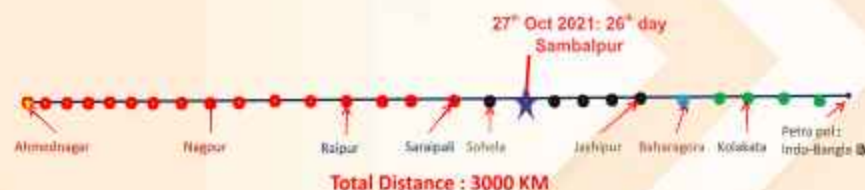


### Sambalpur on 27<sup>th</sup> Oct 2021

The education hub of Orissa, Sambalpur, is purely incredible. The vast entrance to the cleanliness. Some minutes there and transient happiness blown away. Visiting such places increases our knowledge. Vice Chancellor of the university came to greet us. He invited us for a lunch but we were eager to see Hirakud Dam, so we had to decline the offer politely and moved on happily.

### Devgarh on 28<sup>th</sup> Oct 2021

The morning was blissful with soothing sound of waterfall and chirping and twittering. That cold breeze and those macro droplets made the mood.





## Cadets' Experiences



### **Krishna Kale :**

I did never ever ride bicycle in my life prior to the rally. All of a sudden I went for the rally. The decision to join the rally taught me to take decisions. Moving and interacting with new people throughout the journey boosted my confidence; it improved stage daring and communication skills. Experiences in the rally taught me to handle twist and turns calmly and firmly. First time, I was living without my family, so I learned to manage my things independently. Ride to Hirakud Dam, the Asia's Longest earthen dam in the world, tough because of ups and downs but somehow I managed. While roaming around the city I watched the new architectural buildings and we also prayed at Gandhiji's only temple. That night we traveled more than 80 kms through jungle. The day demanded too much but consistent and disciplined cycling made me do all. The rally taught me Time Management and got me closed to becoming self reliant by washing my cloths and dishes.

### **Sagar Darekar :**

Prior to rally I was not much talkative but the rally transformed me in and out. In Raipur we met an IAS officer. In spite of being from a humble family background he climbed the ladder of success. His empathy for people and dedication towards the work motivated me. Riding a day around 80 kms regularly was fine for me. But on a hot day in the afternoon at 3 pm to cover a distance of 75 kms was challenging for me. Initially I doubted my capacity until I saw my friends riding, I forgot my doubts and focussed only on following the others. To my utter surprise, before sunset we reached the destination. I was full with immense joy and satisfaction at that moment. Initially I doubted myself but when I rode with my friends, it boosted my confidence and I realised the inner power.







### Keonjhar on 29<sup>th</sup> Oct 2021

The descent fall and a holiday was a great combination. Keonjhar treated us with this pure soulful fall with tremendous trees of nearby park. After crossing nearly 2000 kilometre and they surprised us with this pleasant treat.

### Turumunga on 30<sup>th</sup> Oct 2021

National flower Lotus. We rarely see lotus in Maharashtra but in Orissa we were watching this every mile. Our eyes were flattered and for a minute our time stopped. At that moment we instantly got why Lotus is India's National flower.





## Cadets' Experiences



### **Komal Rokade :**

Our parameters to judge a person are really illogical. It's high time that we accepted the new norms of society. Due to illness before we reached Pithora I was unable to ride. So my speed was comparatively slow. Suddenly, words fell on deaf ears from our Sir that once you start ignoring your weakness, nobody is stronger than you, just a pedal more and your legs would stop paining. Instead you would be a powerhouse of energy. This was really effective. He rode with me and exactly his words came in reality on that same path only. A gratitude for those words and after wards I started believing in me rather the thinking about the outcome.

It was not only our sir who motivated me but other cadets too were an instrument in making me believe in myself. Initially I used to feel riding difficult but on the field the fellow cadets helped me to overcome. And this was how I got friends for a lifetime. They were strict but they handled my situation and made me do all my decided work. In between breaks they cracked jokes to refresh and laughter burst out and made the tiredness run away from us. The bond was very special with each one. It created mini family of us and today also we are together.

### **Samruddhi Gagare :**

We were travelling through Orissa. On the boths sides of road were only green paddy fields. While riding between the farms suddenly we saw in a stagnant water body nearly hundreds of Lotus flowers were bloomed. We stopped there to record the moment with the eyes. Though they had born in the muddy and marshy water still they were beautiful. This is how I learnt that, no matter how hard the situation, we should never give up. I learned to rise and stead firm on chosen path. Circumstances neither made nor break us. It simply depends on the person how s/he takes Them. This was the lesson I got that day.







### Manda 1<sup>st</sup> Nov 2021

Again water, but now Subarnarekha, a border that divides three states of India. The golden river gave us shore for rest and lunch. How selfless the nature was we realized from such small stances. The lifeline of states became important one in the journey.

### Bishoi on 1<sup>st</sup> Nov 2021

The border village BISHOI, the dispute of RASSOGULLA was raised here. Where did really the sweet was invented in Orissa or West Bengal? Those colourful small girls made our stress disappear, by their fabulous dance performances.







### Bishoi on 1<sup>st</sup> Nov 2021

The view of fishes trying to jump out of water was hilarious. Yet another glance of flowing water failed to satisfy us. We made merry together. New dam and smiling faces. Those foggy mountains around dam captured in our memory will last forever. We saw and understood how electric power is harnessed from the flowing water.

### Border of Jharkhand-West Bengal on 3<sup>rd</sup> Nov 2021

Band of Brothers entered in the 5<sup>th</sup> state, West Bengal, here again a muddy river has been dividing the two states. Such a delightful day and brought immense pleasure. As the distances were covered the baggage of memories were created. Our team is became more outspoken and indulged day by day.







#### Lodhasuli on 4<sup>th</sup> Nov 2021

The first blissful morning of West Bengal and what a surprise we were eating south Indian Idly for breakfast in the east side of the country. Blue resort and cycle army was boosted by the humming of JAGIRA. We uplifted our confidence and dragged cycles and wayfarers were ready to drive.

#### Kharagpur on 4<sup>th</sup> Nov 2021

And we did not miss our train. Somewhere we read about longest platforms in our books and we were actually visiting the third longest platform in the world. How fantastic it was! The cleanliness and scheduled of trains. The speed of trains to the crowded one we experienced everything in real time.







### Howrah on 6<sup>th</sup> Nov 2021

The unstoppable cadets, 142 km ride for nearly 12 hours and we broke not only our last record of 110 km in a day but also many mental blocks which had challenged us till now. The challenge was accepted and it was our responsibility to not step back. The boundaries that we made the real weakness rather we were capable of doing anything and everything. That day we realized our limits are stretchable. The discipline and consistency are the heroes for the achievements.

### Kolkata on 9<sup>th</sup> Nov 2021

Riders' day out in the city of Kolkata. Rest is change in work. So we are travelling but our cycles are taking rest for a day. The historical Victoria Palace and then this Planetarium. After surfing the universe we went to a zoo. The animals may be or may not be glad but we were extremely happy to see them. Whoa! the lion, the peacock, the zebra, the tiger and many birds and terrestrial animals.





## Cadets' Experiences



### **Sagar Kale :**

Many memories, experiences and lifelong self realisation were the outcomes of the rally. I surprised myself by completing rides initially of 102 kms then extending it upto 142 kms. I learned adjusting, disciplining myself. I understood determined mind can do anything. With these self learning, meeting real and unsung heroes of our society was like icing on the cake. I remember real life heros' Matin Bhosale, Lady Tarzon Jamuna Tudu and many more like them.

### **Ganesh Dani :**

It was a usual day in the rally but I did not know that day I could learn a beautiful lesson for life. I was riding and suddenly tyre of bicycle was flat and I fell down. I thought it was end of my journey in the rally. Then two of my friends helped me get up and dressed my injuries. I boarded the vehicle. Everyone in the rally enquired about my health. The care shown by my buddies was overwhelming. The feeling of being cared soothed my mind and all of a sudden, I realised each one in the rally has become like my family member. I learned from the rally that we should start doing something, challenges will come but you will get solutions also. Many times we do not start because of thinking of future challenges.







### Petrapole (Indo-Bangla Border) on 13<sup>th</sup> Nov 2021

The dream we had from the day one! Our one leg was in India and another in Bangladesh. Bangladesh welcomed us on mobile phone. Without visa we were guest of Bangladesh. The heart full of emotions and bubbles in stomach and eyes were capturing the moment. Gratitude and cheers for our life's biggest achievement ever Love, faith and courage.

### Petrapole (Indo-Bangla Border) on 13<sup>th</sup> Nov 2021

The rain and check post area of India and Bangladesh. We watched the process how the passport verification was done. We met soldiers of both countries. The board Welcome to Bangladesh was inviting us with a smile! Alas Corona prevented the entry. This all looks alike fantasy. Watching the trucks parked and railway tracks on the border. It was something, special. We were at South Asia's largest Land Port,





## The Unfolding of Stories within the Story

After the Commanding Officer gave green signal for the cycle expedition another challenge emerged. We thought cadets would volunteer for such a once in a life time opportunity but our wishful thinking did not reflect on the ground. Cadets and their parents were not mentally prepared for the cycle expedition. We thought we would miss out the opportunity. But a ten year old boy, Sidharth Ankush Aware, volunteered for participation in the expedition on 10<sup>th</sup> September, 2021 and the act spread like a wild fire. The act by a young boy created a motivational challenge to Senior Division (Boys) and Senior Wing (Girls) cadets and their parents. The limitation and deficiency in physical and moral courage got bridged. We had our Eureka moment and team was ready in no time.

Team was ready, parents were ready and another challenge was also ready. As the cycle expedition involved crossing the international border it became mandatory to have passports for all participants. We were short of time. The hurdle of taking passport within a limited time loomed large. The motivated cadets did not bother about the challenge. They themselves filled online form of passport and went alone to the Pune passport office to do documentation. Even educated people take assistance of agents to get passport issued but our cadets from a humble family background took baton in their hands and successfully got passport issued. Cadets' achievement in having passport by themselves proved that the process of capacity building had started within them, even before the rally started.

Initially seven girls and a boy were ready for the cycle expedition. The moment few cadets had passport we had flurry of volunteers wanting to join and we had realized that we have team of 40. Out of them twenty-two were ready to continue till the end. With all formal things done and parents' consent received, we all started physical preparation for the long journey. NCC department of Pemraj Sarda College organized few short distance cycle expeditions to prepare cadets mentally and physically.

Everyone, especially girls were very apprehensive

about the cycle expedition till it was commenced. They were not sure whether their parents would stick to their promise. Relatives (many of them highly educated) of these girls were trying to dissuade their parents from the idea of participating in the cycle expedition. Few parents had believed that their daughter would leave the rally midway due to lack of physical capacity. These kinds of squabbling were going on in every household of these girls. The inspired girls were trying to convince their parents with whatever wherewithal they had at their disposal. Few mothers stopped talking with them. One of the girls' relatives said to her father that nobody would marry her if she went to the cycle expedition. These girls were fighting their battle on many fronts. These incidences made us realized vulnerability of a female child in India. A woman has to face innumerable challenges at every moment and everywhere. We realize it is not only patriarchy but various other intangible restrictions and shackles hold woman back. Ultimately determination and perseverance of our courageous girl cadets prevailed. By hook or by crook they convinced their parents. Later we came to know that some of these girls had never ridden a bicycle; but with just will power they succeeded in completing the journey.

All fears and apprehensions settled down when the cycle expedition was flagged off from Ahmednagar Fort on 2<sup>nd</sup> October 2021. Now nobody was to hold back and prevent participation of the girls. Ultimately strong willpower prevailed over social, familial and patriarchal fetters. With a desire and a hope to see our Mother land our journey started.

After riding for around 20 km from the start point we stopped for lunch at Pandharipul. Post lunch we had to pass another 50 km. As our time management failed we had to rush towards the destination. Darkness was approaching as fast as we were riding. So we had to face the first hurdle of riding in the dark without any headlight. But the growing darkness was energizing our riders. As the destination approached, peddling accelerated and picturesque spectacle of fast moving wheels and tail

reflectors was emerging on the way. We realized somebody's famous quote about life where s/he says that 'the most beautiful moments are those which are not clicked'. Certainly the competition of reflectors among themselves to go ahead was the beautiful moment we missed to click, but imprinted on our memory.

The distance covered on the first day was itself a record for many of us. Tired and hungry (with a self record break cycling!) we had to be content with Sabudana Khichadi (saga pilaf) offered by the Devgad Devsthan. Half-starved and fatigued we could not sleep properly at that night. Still we woke up early and were ready by 6 am. The journey and struggle started hand in hand. Every time there was new challenge and problem but we started adjusting ourselves.

Second day we halted at Dr. Babasaheb Ambedkar Marathwada University. We were received by the Vice Chancellor of the university. From Aurangabad we marched towards Jalana. It was the month of October. Everybody was sweating and then suddenly to our surprise it started raining. We stopped at a petrol pump. We were few kilometers far from our third day's stay. At that time we were extremely tired. Rain was not stopping. So we decided to move ahead in the rain. As soon as rain water showered on our tired bodies all of our fatigue withered away. Our mind was dancing like an overjoyed kid. It was a joyous ride in the rain. Few girls told later that their dream to ride in the rain was fulfilled on that day. A joy of achievement was visible on their faces. Indeed a small desire becomes a dream due to societal restrictions. Rain made us forget our pain whereas organizers forgot to give us any hot beverages!

Everybody was busy in making event out of our rainy ride. On lookers and our hosts were looking at us with a surprise and curiosity. Out of excitement they made us ride through the city full of overflowing gutters and drainage. In the rally we trained ourselves to be positive, so we ignored it. We got grand reception at a college. The physical pain and tiredness vanished as we were greeted with cheers and applause. That time we realized state of



## The Unfolding of Stories within the Story

body is closely linked to the one's thought process. A changed outlook can transform one's pain into pleasure. We also realized that day fatigue may be a mental state.

The fourth day of the journey reminded us again how patriarchy has encircled our thoughts and actions. If we follow our actions or words we realize how patriarchy manifests itself through various modes. The same I realized in the rally on fourth day. On that day, we had to cover 75 kilometer after lunch. So I said to all cyclists that only NCC boys would ride. All other would travel in the bus. When few girls said they wanted to ride. I replied, "We will have no support vehicle so it is better for you to travel in the bus. But still they persisted and two of them said they would ride with us. One of the girls asked in anger, "You always say men and woman are equal then why treat us differently?" She had a point. I said, "It is fine, but if you ask to stop in between and change your mind, then I will give you a piece of my mind". I was quite harsh. The girls were very determined. They rode with us. Not only to our surprise but to everybody's surprise they completed the distance with boys. The girls' faces glowed with delight. They had proved that they can be better than anyone. The incident really empowered other girls also. The incident was an eye opener for me. I realized the tendency to underestimate a woman is an inbuilt in male's psyche at a subconscious level. It reminded me of the famous statement of Simone de Beauvoir that, 'One is not born a woman, but becomes one'.

On fifth day we visited an NGO which was working for mentally challenged persons. The place shook everybody's consciousness. In that place a doctor couple brings in people who live on street because of abandonment by close relatives due to psychological problems. After seeing these wretched people, we realized how fortunate we were. All our grievances and complaints withered away within few minutes. We thanked god for making us fit and fine. The visit really changed our outlook towards life.

With a bundle of thoughts, baggage and varied experiences we were leaving places day after day.

Usually, heart misses a beat when we see a traffic police on the road. We (I) think s/he may halt us, will ask documents which we don't have or anyhow s/he will fine us. But when you are riding a cycle such fears did not touch you. On the contrary we were treated very humanely by (otherwise very unfriendly) policemen. One day we were cycling towards Pulgoan, few policemen stopped us at the Police station. They offered us water, tea and biscuits and enquired very warmly about us. It was a great surprise for everyone. The kindness appealed us and our stereotyped understanding of the Police changed. Even on few occasion many policemen treated us with cold drinks and other snacks. Everywhere we were getting noble treatment and respect. That was working like palliative to our pain of riding.

On the 15 th Day we reached at a village on the border of Maharashtra. Till now, we had ridden under a hot scorching sun, in the rain, slept in temples or sometimes in schools. For more than ten days we had eaten the same type of food. These conditions had made us now a battle hardened soldiers. We could eat anything, stay anywhere, ride as many hours as day permits. Someone says after pain pleasure follows. This started happening with us. To our surprise last sojourn in Maharashtra was in a holiday resort. We stayed comfortably and were served tasty food. May be, it was a prize for our endurance and perseverance. The journey of 900 kilometers had taught us that we have to eat for living and not vice versa. The rally was helping us overcome desires for hedonistic pleasures. The cycle expedition which was initially thought as an adventurous activity was taking us towards a spiritual journey.

As soon as we left Maharashtra, fortune of the nature also started favouring us. The October hit of Vidharbha was replaced by the coolness of dense forest of Chhattisgarh. We felt highways without potholes were wishing us a happy journey. The area was quiet; we could hear chirping of birds even on highways. Many people with wonder in their eyes greeted us. Everywhere we were treated very nicely.

We were over whelmed with our receptions and praises. It was recharging us and taking away fatigue and tiredness. In Raipur we interacted with an IAS Officer who was from Maharashtra. He told his firsthand experience of working in the Naxalite area. He revealed challenges and problems faced by these people. We had read or heard about Naxalism but he gave a picture of ground reality. His portrayal of the problem was very objective. He also shared his experience for the preparation of Civil Services examination. He told our cadets that he had been selected not because of his knowledge but for his acceptance of ignorance. It reminded us of Socrates' famous quote about wise wo/man wherein he says, "A person is wise who knows what s/he does not know". Thus, the visit of an officer made us little bit wise and we started thinking about our ignorance.

Within five days we entered Orissa, the third state in our expedition. We saw a river was dividing these two states. It was a new learning for all of us. In Orissa again we were content with sylvan beauty of Mother Earth. We had been in the Western Ghats of Maharashtra many times but we were passing through Eastern Ghats of India first time. Sometimes in childhood we read about Eastern Ghats in textbooks. Now that book learning was being experienced and observed. The picture of dense forest ranges of Eastern Ghats and mighty rivers flowing through it gave us a trans-like feeling. At this stage we forgot pain of riding and were trying hard to sooth our eyes with the scenic beauty of the land.

After Orissa, we entered Jharkhand, the fourth state in our cycle voyage. We stayed in Beharagoda, a place in Jharkhand, for a day only. The location had trade, culture and linguistic connect with West Bengal, Orissa and Jharkhand. The place seemed like a veritable melting pot of cultures. It enabled us to understand how India holds itself together as a nation in spite of having linguistic, religious and so many other diversities. Here we understood how invisible bondage, linkages, informal ties and people to people connect have kept India united. At Beharagoda we visited a tribal village. People of Santhal



## The Unfolding of Stories within the Story

community showed us their cultural heritage. We danced on their tunes with folk dance steps. Till now, we had heard of Santhal's uprisings against British Empire, here we were interacting with them and heard their valorous history. They had so many memories of resistance against British Rule to be shared with the world.

On that day, at noon we accidentally met a great tribal lady whose small initiative and perseverance has protected thousand hectares of forest from deforestation. The lady Jamuna Tudu, known as Lady Tarzan, is a community leader. She told her story of struggle and courage to our cadets. She was recently conferred with the Padma Shree Award by the Indian Government. She was really an organic community leader. We always tell cadets that NCC aims to provide leadership for all walks of life. Many of our cadets, especially girls, were inspired by her story. Thus, the cycle expedition was not just covering physical distance on the highways but it was mentally and emotionally enriching cadets.

Next day we crossed another river and entered into another state, West Bengal (WB). We knew Bengal for its Football love and communist rule. The moment we entered into the state we saw a football ground and few Red flags of the Communist Party of India. A change of state also changed people, language and terrain. Now our final destiny was within our purview. Initially the cycle expedition was to end at Naukhali in Bangladesh but due to Corona pandemic we did not get Visa from Bangladesh government. So we were forced to change the destination as Petrapole, a last Indian location on Indo- Bangla Border. Our journey till now was comparatively safe, except few mishaps nothing major happened. The feeling was quite soothing for us. We were quite relieved. Now, we were few hundred kilometers from our destination.

The first halt in the WB was in Ludasoli. Next day morning we reached Midnapur district. Here it was 35<sup>th</sup> day of the Journey. The day coincided with a Dipawali, one of the biggest festivals of Hindus. We all were celebrating Dipawali without family for the first time; but our comrades in the rally had now become our new family members. The

long journey developed bonding among each other and we learned to move along the group. A sense of comradeship developed among us. Our family accommodated 22 members. Our Dipawali Day started with a visit to a Church. For many of us, this was the first visit to a church. Till now we had visited many temples, Gurudwaras, and Mosques on the way. Visit to Church reminded us of our NCC song.

Our COs initial prophesy about the cycle expedition proved right, when the expedition really turned into practical training program to achieve the aims of NCC. The rally was helping us understand the Idea of India, it was shaping a secular outlook and religious tolerance was growing in us. At this stage we remembered a song by Bob Dylan "How Many Roads a Man Must Walk Down Before you Call Him a Man"..... like the song we realized one has to take a long journey to understand a land called "India". This small journey was showing us a glimpse of our great nation.

Celebration of Dipawali and rest for two days mentally and physically revitalized us. With refreshed mood and excitement to reach at the destiny we moved ahead. We thought the journey till now had enriched us enough but actually another day had given us another opportunity to explore dormant potential lying within us. Next stop was only 70 km from Midnapur, however, there we could not find suitable place to stay. So we decided to move ahead towards Howrah, a place in the vicinity of Kolkata. It was 3 pm when the decision to move ahead was taken. We decided as long as we could ride we would ride and then use vehicles to reach the place. We started our ride.

Till now we had made a rule not to ride after sunset. But today, though the sun had set, but lights of the City of Joy illuminated the area. The bright street lights and the realization that we had nearly accomplished the goal energized us for the ride. Even though arrangements were made to put cycles into a tempo and riders in a bus, many of us decided not to enter into the city in the bus. Our wish prevailed and we could ride till the destination.

Six NCC girl cadets and few boys reached the place of halt on cycles. The ride surprised many of the riders especially girls. They could not believe in their achievements. Though all riders were physically tired and exhausted, a sense of accomplishment exhilarated our cadets. The glow on sun burnt faces was showing a sense of contentment and joy. The day's journey was more than 140 km on a without gear bicycle. For everybody's and for their own surprise two girls having bulky physique had completed the ride on that day.

We realized on that day, human body can be stretched beyond our imagination. The mind and thought fetters and chains our body and performance. Once we unleash ourselves from these mental blocks we will be a free bird and sky will be the limit for us. That 140 km ride gave us a great lesson that we can achieve unachievable and unbelievable. On that day our body was tired but mind was recharged with the realization of self potential. Next day we were metamorphosed individuals. A day's journey had given tremendous confidence to everyone; even those who were not riding thought they could have also completed it. Ultimately our cycle journey was becoming a journey of Self Realization. That journey gave a birth to a person who has become more active, energetic and shed all negativity about life. S/he started reading.

**Impossible as I'm possible!**



# Kaleidoscopic Journey



**Jambhali, 09<sup>th</sup> Oct 2021**

During the cycle rally we visited many schools and colleges. Our aim was to connect with youth. Through the street play we tried to convey our message of peace, importance of religious harmony, need of control over greed and protection of environment. Here our cyclists performing the play.

**Bhandara on 17<sup>th</sup> Oct 2021**

We did not limit ourselves to schools and colleges only but we performed at streets, chowks, in Bazars and many more places. Here we were at a crowded place in Bhandara.







And the smallest rider among all, Sidharth Ankush Aware! Age-10 years only! The little munchkin, son of our Associate NCC Officer, was way more energetic than anybody else in whole rally. He did neither exhaust nor complain about anything but adjusted himself everywhere. So he really deserved to be celebrated over every kilometre by the society.

#### **Raipur on 22 nd Oct 2021**

IAS officer Aiyyaj Tamboli visited the rally at Raipur. He was bombarded with questions by our curious cadets. He patiently answered all of them. He frankly told us many things about Naxalism which we were not aware. He also guided cadets on how to prepare for the civil services. Indeed the rally was not only adventures activity but was an intellectual exercise also. We got an opportunity to meet people from diverse fields that enriched us.







**Sambalpur 27 th Oct 2021**

Today, everybody says “*Hamyari chhoriya chhhoron se kam na hai*” again comparison. Once upon a time she was unable to get out of home but men were allowed to do anything what they want. But today’s reality she is heading to the skies. *Toh kya farak padta hai ladka hai ya ladki*. Here are the live examples of 10 girls who broke the patriarchal rules and explored the life.

The kind of welcome we received is unique in its way. The respect and tradition of tribes were intimated from their way of bending Namaskar, they called it JOHARAKE. One of these tribes who still preserve the nature with their hands and hearts. Community of small population yet protects large nature with culture. Blessed to interact with them, what a generous kind of folk still exist in world! They talked very politely familiar like we were part of them. We loved to spend our time there.







### **Beharagora 3<sup>rd</sup> Nov 2021**

The tribe Santhal came to welcome us on roads. The traditional dance, music and the scribe were introduced by them. How well planned their society was! Nobody controlled themselves from dancing on dholak beat. After dancing and spending time enjoying. It was very hard to call it off with them. Warmly we said goodbyes to them and hope that we will visit again to them we carry forward ourselves.

### **Beharagora on 3<sup>rd</sup> Nov 2021**

Cadets already aware about the pain. Here they heard it from the family who lost their diamond at just age of 21. But not just his family but also the whole village was proud of him and his sacrifice that nation won't forget. His memorial built. The well mannered and green village. Emotional yet memorable day for life.





# Media Coverage

## साइकिल सवारों ने जमुना टुडू से की मुलाकात



चाकुलिया। अंतरराष्ट्रीय सद्भावना यात्रा का संदेश लेकर महाराष्ट्र के अहमदनगर से बांग्लादेश में नौखाली तक साइकिल यात्रा पर निकले विद्यार्थियों ने मंगलवार को झारखंड राज्य के चाकुलिया की पद्मश्री जमुना टुडू के आवास पहुंचे। इस मौके पर विद्यार्थियों ने जमुना की जीवनी, जंगल बचाने और पर्यावरण के बारे में जाना। विद्यार्थियों ने जमुना को जानकारी देते हुए बताया कि भारत के अंतर्गत हालात और बांग्लादेश जैसे मित्र जोड़कर राष्ट्रशक्ति बढ़ाने का उद्देश्य साइकिल यात्रा का मकसद है।

५ जून २०२२ अहमदनगर, महाराष्ट्र

## सायकल यात्रा • १०० गावे, ८० संस्था व ४०० कार्यकर्त्यांशी साधला संपर्क सद्भावना यात्रा : १६०० किमीचे अंतर पार

प्रतिनिधी । नगर

स्नेहालय आयोजित भारत-बांग्लादेश सद्भावना सायकल यात्रा महाराष्ट्र, उत्तरीसराय आणि ओरिसांतर आत झारखंडमध्ये चालत होत आहे. एकूण तीन हजार किमीची १५०० किलोमीटर अंतर पार करण्यात आत असून या मार्गावरील शंभराहून अधिक गावांतील ८० स्थानांमधील संस्था आणि ४०० कार्यकर्त्यांशी संपर्क साधण्यात आला. ओरिसात टिकटिकाणी यात्रेचे स्वागत करण्यात आले.

महाराष्ट्र गांधी जयंतीचे औचित्य साधून १ ऑक्टोबरला मुम्बई शहर युवक-युवती सद्भावना सभ्यता यात्रेसाठी अहमदनगर येथून रवाना झाले. ज्येष्ठ समाजसेवक अण्णा हजारे व गांधीवादी सी.डी.एस.एन. सुब्बाराव यांचे अशीर्वाद घेऊन निघालेल्या या यात्रेसाठी गिरीश कल्लकर, अक्का मेहेरबाबा टुडू

आणि विविध गावांतील मेहेरबाबी, तसेच पिरान सारदा महाविद्यालयाच्या एनसीसीचे सहकार्य लाभले आहे. भारताच्या स्वातंत्र्याचा अमृत महोत्सव, बांगलादेश मुक्तिजंगलचा मुक्त महोत्सव आणि बंगबंधु शेख मुजीबुर रहमान यांच्या जन्मशताब्दीचे औचित्य साधून भारत आणि बांगलादेशात मैत्री व सद्भावना वाढवण्याचा प्रयत्न सायकलयात्री करत आहेत.

नागपुर येथे केडीए मंत्री नितीन गडकरी, आनंदवनात विकास आणि कौमुद आम्बे, ओरिसातील संबलपुर येथे तेजील विद्यापीठाचे कुलसूक्त डॉ. संजय मिश्र यांनी यात्रेचे स्वागत केले. काही आमदार आणि सरकारी अधिकारीही यात्रेच्या आगमनाच्या वेळी उपस्थित असतात. यात्रेचे मुख्य संयोजक डॉ. गिरीश कुलकर्णी व अन्य कार्यकर्ते यांचा यात्रेचा उद्देश सांगतात. भेटणाऱ्या गावांनीय या उपक्रमाचे भरभरून कौतुक करत

सुषेच्छा दिल्या.

छत्तीसगड, ओरिसातून जाताना दुलपार असलेले घनदाट जंगल, धबधबे पाहून यात्रेकरूंच्या सायकल चालवण्याचा शौण कुठल्या कुठे निघून गेल. दररोज सुमारे ७० ते ८० किलोमीटर प्रवास करणा-या सायकलयात्रींनी २८ ऑक्टोबरला तब्बल १६० किलोमीटर अंतर पार केले. टिकटिकाणी येथे मेहेरबाबी, पद्मश्री समाजसेवे कार्यकर्ते, गिरीश कल्ल, नेहरू युवा फाउंडेशन असे अनेकजण यात्रेसाठी मद्यतीय हात पुढे करत आहेत. नगर येथील मेहेरबाबी श्री. नितीन गडगे यांचे बहुमोल सहकार्य या उपक्रमासाठी लाभले आहे. झारखंड, बिहार व बंगालमधून प्रवास केलेानंतर ही सायकल यात्रा पेटांगल येथून बांगलादेशच्या सराहीन प्रवेश करेल. भारत सरकारने या उपक्रमासाठी सहाय्य करावे, असे आवाहन विविध मान्यवरांनी केले आहे.

## सायकल यात्रा : पद्मश्री जमुना टुडू यांना भेट



चाकुलिया, २० जून (एन.एस.) - अंतरराष्ट्रीय सद्भावना यात्रा का संदेश लेकर महाराष्ट्र के अहमदनगर से बांग्लादेश में नौखाली तक साइकिल यात्रा पर निकले विद्यार्थियों ने मंगलवार को झारखंड राज्य के चाकुलिया की पद्मश्री जमुना टुडू के आवास पहुंचे। इस मौके पर विद्यार्थियों ने जमुना की जीवनी, जंगल बचाने और पर्यावरण के बारे में जाना। विद्यार्थियों ने जमुना को जानकारी देते हुए बताया कि भारत के अंतर्गत हालात और बांग्लादेश जैसे मित्र जोड़कर राष्ट्रशक्ति बढ़ाने का उद्देश्य साइकिल यात्रा का मकसद है।

## सायकल यात्रा : पद्मश्री जमुना टुडू यांना भेट

चाकुलिया, २० जून (एन.एस.) - अंतरराष्ट्रीय सद्भावना यात्रा का संदेश लेकर महाराष्ट्र के अहमदनगर से बांग्लादेश में नौखाली तक साइकिल यात्रा पर निकले विद्यार्थियों ने मंगलवार को झारखंड राज्य के चाकुलिया की पद्मश्री जमुना टुडू के आवास पहुंचे। इस मौके पर विद्यार्थियों ने जमुना की जीवनी, जंगल बचाने और पर्यावरण के बारे में जाना। विद्यार्थियों ने जमुना को जानकारी देते हुए बताया कि भारत के अंतर्गत हालात और बांग्लादेश जैसे मित्र जोड़कर राष्ट्रशक्ति बढ़ाने का उद्देश्य साइकिल यात्रा का मकसद है।



चाकुलिया, २० जून (एन.एस.) - अंतरराष्ट्रीय सद्भावना यात्रा का संदेश लेकर महाराष्ट्र के अहमदनगर से बांग्लादेश में नौखाली तक साइकिल यात्रा पर निकले विद्यार्थियों ने मंगलवार को झारखंड राज्य के चाकुलिया की पद्मश्री जमुना टुडू के आवास पहुंचे। इस मौके पर विद्यार्थियों ने जमुना की जीवनी, जंगल बचाने और पर्यावरण के बारे में जाना। विद्यार्थियों ने जमुना को जानकारी देते हुए बताया कि भारत के अंतर्गत हालात और बांग्लादेश जैसे मित्र जोड़कर राष्ट्रशक्ति बढ़ाने का उद्देश्य साइकिल यात्रा का मकसद है।





### **Beharagora on 3 rd Nov 2021**

The unsung hero of our society. People call her Lady Tarzon who just not fought with jungle mafia but also started forestation drive on more than 50 hectors of land. Her act transformed into a movement to preserve the forest and more than fifty thousand women are working with her to save mother earth. Her efforts have been acknowledged by the Indian government by conferring her Padmashree Award. We were pleased and enlightened after listening her story. She kindled our imagination and gave us hope and strength to fight obstacles.

The Cycle rally was not just about cycling. It was a like training course on personality development and social awareness. We did plantation wherever we stayed. We performed street play convening the message of peace and non-violence. Through the act, we tried to communicate masses about the need of uniting nation which was being divided on the basis of caste, creed, religion or region. En route we visited many schools and colleges to convey the message of peace and protection of environment. We met more than 500 social workers on the way. We visited renowned centers of social work such Anandwan, Sevasankalp, Samaritan Help Mission, Shantiniken and interacted with the founders of these hubs of social services. We met many kinds of people such a politicians, bureaucrats, environmentalists, and philanthropist. Interacting with them was a life shaping experience. We visited religious places of all important religions in India. We also saw places of historical significance on en route. All these activities in the rally helped to change our outlook and broadened our horizon. So, the rally was not just about pedaling but it also helped deepening our understanding of the society.



## Cadets' Experiences



### **Rutuja Antepollu :**

During the rally, I fell down once. I did not get injured but I was frightened due to the mishap. That time all my friends helped me out. They gave me confidence. From that incident I learnt to focus on the thing I do. A mere lethargy may cost you dearly. From next day onwards I became more careful on highways and learned to be focussed. I also determined to focus on future and not to stick to unpleasant past if it is there. The rally increased my confidence and level of energy. After completing 142 kms ride I started looking at myself in an altogether different way.

### **Rutali Ayanchi :**

The most memorable moment in the rally was meeting with Mamun Akhtar, the founder of Samaritan Help Mission. He was born in Howrah in a poor family. He did not get education but he opened up opportunities for education for poor people. I gathered that we can also help country through education and joining forces is not the only way to serve the nation.







**Aurangabad on 3<sup>rd</sup> Oct 2021**

**The 38 brave hearts who volunteered for the life changing experience on two wheels..**

**The impressive discipline and continuity of riders on the highways. Catching the eyes of wayfarers and giving message to them indirectly. The relation of nature and non polluting wheels was extra ordinary. Discipline makes the life more beautiful so the photo.**





## Cadets' Experiences



### **Vaibhav Kadus :**

Visit to an NGO Sevasankalp helped me become a human being in real sense. The place was an abode for mentally challenged people. Before the visit I had contempt for mentally challenged persons. I use to feel disgust for them. But a visit and understanding of their problem changed my perspective. The visit helped me to become a humane. I also realised how fortunate I am with a physical and mental fitness.

### **Akshay Pund :**

Everyone lives for his/her family. But Baba Amte was a man who worked day and night for others and made their life liveable. He gave lesson through his life that one should not give up. He was a hope for others who had been abandoned by the family for being cursed for leprosy. He not only accepted them but taught them to live independently. I learn from the visit of Anandvan to live for others.



### **Khushi Pawar**

The most inspiring spot was Anandwan, the heaven for leprocy suffered or sufferings people. They work without anybody's help. It was really inspiring to see them work without making fuss about their deficiencies. They had commanded mastery over the art or work they were doing. I learnt here nothing is impossible.





**Sakoli on 18<sup>th</sup> Oct 2021**

**If get opportunity they are not less than anyone. Dose not this picture prove it?**

**To make cycling more exciting the sip of tea was enough and the perfect relaxing picture captured after covering several kilometers. In each break we had something curious for refreshment and to travel further distance.**







The time for sharing water and gossips and resting for a while at a roadside. This type of roadside breaks holds special place in our hearts. After completing nearly 10 kms we used to stop for relaxing.

### **Sambalpur 27<sup>th</sup> Oct 2021**

The stops were common at roadside but petrol pumps deserve rank in the list. Those chocolates and some snacks eating place. Hunger made us going dutch. Enlighten to see cadets sharing food.







### Medinapur, 5<sup>th</sup> Nov 2021

Dipawali: the festival of joy and jovial faces laugh in new dress wore after ages. We celebrated our roots with big smile on our faces. Here we went ahead after taking blessing from Durga Maa. We celebrated Dipawali with our new extended family of Cyclists.

### Samaritan on 6<sup>th</sup> Nov 2021

The exhausted bodies were relaxing muscles by stretching. What a phenomenal night of 142 km ride. The mind, soul and body made aligned and celebrated that particular glorious moment. Our hearts might be beating bit faster but satisfied team looks way happier that day. The thing we realized that day is we made boundaries for ourselves once you overcome them you'll be limitless.





## Cadets' Experiences



### **Vidya Shelar :**

I did not believe on that day I completed 142 km. It was shocking, amazing and unbelievable for me. I remembered my first day in the rally. I fell down many times, collided with many, riders feel fearful to ride with me or ahead of me. My ride was unpredictable. Slowly I worked on myself and I finished 142 kms on that day which was shocking not only for me but for all riders. I felt on that day saying yes to ride was the right decision I took on that day. The belief in me boosted my confidence for rest of life. I learned in the rally with consistency and perseverance you can achieve anything in the life.

### **Sidharth Ankush Aware :**

Before the rally I was a pampered kid. For everything from eating to doing daily chores I was giving lot of trouble to my mother. Since I volunteered for the rally I had no option to complain about anything in the rally. I ate whatever food was available. I slept anywhere; I used toilets which were unbearable. The rally taught me to adjust with anything and with anybody. Though physically riding was challenging I enjoyed being with many people. Within few days I got many friends from NCC. I learned to cope with situation and the ordeal in the rally made me tough. Fear of street dogs also mitigated. The moments I lived in the rally are most cherished moments of my life. I will never forget that tough but beautiful period of my life. I everyday miss all my friends and wish that rally should not have finished. I thank Dr. Girish Kulkarni for giving me such a wonderful experience.







Surfing from the small-small pine roads of the city. In the quite crowded city the peaceful riders finding their way to move forward. The historical city and we were watching this beauty of old colonies with naked eyes was just unbelievable.

The roads often lead to glorious destinations the same way we were riding towards ours. Those kilometers inside the city only gave us a glimpse on our speed control cycling. Yellow taxis and the electrical vehicle that some important building were main attraction of riding on the day in Kolkata.







**Snoozing between the long journey. The key of life's journey was to adjust and adopt. The lesson we learned in the journey. Long travels need some rest, after tiring of half day of rough riding. We sleep in night usually as per our routine but we slept like Kumbhakarna after having those rough rides' during the day. The real value of sleep we understood. The cadets' expressions told the rest stories. Mehnat ki nind hits harder. This is such a common routine for every living being. Still the hard working days show the real meaning.**





The food is one of the most important survival needs. But our variable lifestyle made it more complex. The various taste buds and different kind of cuisine made human forget that taste is secondary but having food utmost. Here our cadets were very noble towards the food. After facing the day's doze the hunger made them ravenous. The glance over the youngsters showed us that food was for life and not life was for food. The respect about food from taking that much we need and not throwing a single particle. Another reason they knew the price of food and the appetite they can eat anywhere everywhere to eat. This is enough they shared their limited food to the roadside necessitous and real pleasure of sharing is caring and ANNA HE PURNABRAMHA.





---

**Funniest indeed! But reality is our boys had become habitual for their own works without any shame of anything. The societal norms were backstopping male and set the boundaries for the genders but here the generation override.**

---



## Routine : A Lesson on Time Management

The day is incomplete without management. A day we spent is either count as memory or just a waste of time. But when somebody is on a mission a little mistake can cost a thousand. We cadets were pursuing a mission. So we were handling minor situations very carefully. Every day was unique new day with new distance, new surroundings and new challenges but we were cadets and we never feared to step forward. Initially it was very hard to sustain with time we used to be late to reach, being late for so many things but our mistake was realized earlier so before wasting a second all focus came on time management and onwards we were busy to improve our skill.

Early bird catches worm but after long holidays of COVID everybody was late Latif. So the best way to improve was the one who did not come in time would be punished was our new law. Then the chain had begun. On the name of punishment has its own terror. Then the 70% population started to come in time. And the punishments for NCC cadets was to BEND, a corporal punishment, the number of minutes you late then you had to be bend for those minutes. Crazy! But the idea was working and in few days everybody waking in time and our next chores were done in time automatically. The most effective and important work had been done. Our schedule mainly started in premises of residence. Fresh and pure air morning and then our rows and groups had been divided we lined up and prayed to God for thanking him for new day and new opportunity. Then we moved for breakfast and tea. Doing this in time and sharp on hand of clock we were ready to ride further seriously! The riding was painful for maidens but consistency reduced our pain and we started enjoying the ride.

Between the midday stop, we visited the roadside schools for spreading message of peace and non-violence. We used to stop after each 10 km to breath and relief. Hurry it was time for filling bottles of water being freshen and some stretching. Then again after having some short break we headed. The midday meal, our lunch was fixed between 12pm to 1pm. The scorching sun was making us lifeless by the noon but food was bringing life again back. Here we realized even during the lifelessness we should not give in and hold our battle. Life was changing after every moment.

After having lunch we stopped for few hours to rest and then again pilgrimage starts on the wheels. After full of planning our day never made us to lose an opportunity to miss anything and here again we learned another lesson about importance of time management. The evening was busy for bathing and cleaning and napping into the rooms. But for dinner we again gathered in hall. Before any meal of the day we showed gratitude to the God and the one who was serving the food from our couplet. Tiredness made everybody to sleep early because early to bed, early to rise. Summoned up of the day here no one used their phone to pass the time, but only to check calls and important work. The rally gave us freedom from mobile phones. The entire journey taught us how to manage time meticulously and it was sheer wonder we learned how much time we have. It was practical training of time management.



## Cycle Rally 2021 Route

CYCLE RALLY 2021 ROUTE		
Date	Place	State
02/10/2021	Nagar	Maharashtra
03/10/2021	Devgad	Maharashtra
04/10/2021	Aurangabad University	Maharashtra
05/10/2021	Jalna	Maharashtra
06/10/2021	Sevasankalp	Maharashtra
07/10/2021	Mehkar	Maharashtra
08/10/2021	Dava	Maharashtra
09/10/2021	Karanja lad	Maharashtra
10/10/2021	Sunday	
11/10/2021	Manglur chavla	Maharashtra
12/10/2021	Pulgaon	Maharashtra
13/10/2021	Sevashram, Wardha	Maharashtra
14/10/2021	Anandwan Stay	
15/10/2021	Anadvan	Maharashtra
16/10/2021	Nagpur	Maharashtra
17/10/2021	Sunday	
18/10/2021	Bhandara	Maharashtra
19/10/2021	Deori	Maharashtra
20/10/2021	Rajnandgaon	Chhatisgarh
21/10/2021	Raipur Stay	
22/10/2021	Raipur	Chhatisgarh
23/10/2021	Birkoni	Chhatisgarh
24/10/2021	Pithora	Chhatisgarh
25/10/2021	Saraipali	Chhatisgarh
26/10/2021	Sohela	Orrisa
27/10/2021	Atabira	Orrisa
28/10/2021	Deogarh	Orrisa
29/10/2021	Barkote	Orrisa
30/10/2021	Keonjhal	Orrisa
31/10/2021	Sunday	
01/11/2021	Jashipur	Orrisa
02/11/2021	Bisoi	Orrisa
03/11/2021	Baharagora	Jharkhand
04/11/2021	Midnapur	West Bengal
05/11/2021	Lodhasuli	West Bengal
06/11/2021	Howrah	West Bengal
Kolkata Stay 7 to 11/11/2021		
12/11/2021	Kolkata	West Bengal
13/11/2021	Bongoan (Petrapole)	India - Bangladesh Border

## Names of Participants in the Cycle Rally

SR. NO.	NAME OF THE CYCLIST	GENDER	AGE
1	Capt. Dr. ANKUSH PARAJI AWARE	M	36
2	ANTEPOLLU RUTUJA RAJU	F	22
3	DETH SANIKA VILAS	F	21
4	GAGARE SAMRUDDHI DNYANESHWAR	F	20
5	THORAT GAYATRI VILAS	F	21
6	YADAV RUCHI RAJBALI	F	21
7	ROKADE KOMAL ANIL	F	21
8	KARISHMA KIRAN KAMBLE	F	17
9	SHELAR VIDYA VIJAY	F	17
10	PAWAR KHUSHI SUNIL	F	17
11	AYANCHI RUTALI NARAYAN	F	18
12	AKSHAY PUND SANJAY	M	22
13	DAREKAR SAGAR BABAJI	M	20
14	KALE KRUSHNA GAJARAM	M	20
15	DANI GANESH GANGADHER	M	20
16	SANGALE MAHESH BASKAR	M	20
17	KALE SAGAR ASARAM	M	20
18	BARDE RAVI SANJAY	M	19
19	PARADE SONU GANESH	M	20
20	KADAM AKASH DILIP	M	22
21	KADUS VAIBHAV SARJERAO	M	20
22	AWARE SIDHARTH ANKUSH	M	10





**NCC Group Aurangabad, Maharashtra Directorate**



*This journey ignited so many minds....it will continue to do so....Jay Hind!*

*It is an exciting story of NCC cadets of Pemraj Sarda College, 57 Maharashtra Battalion NCC Ahmednagar, who went for a Cycle Expedition from Ahmednagar to Petrapole (Indo-Bangla Border) covering distance of 3000 km in 45 Days. The story tells how the journey from India's 'West to East metamorphosed cadets' thoughts, outlook, physis, personality, mental strength and much more in a positive manner. It reveals how bundle of thoughts, baggage and varied experiences during the cycle expedition have enriched cadets in many ways.*



**NCC Pemraj Sarda College  
Ahmednagar**